

Iowa Soccer has established protocols for running practices and the responsibility of players, coaches, and parents in minimizing the spread of COVID-19. However, in addition to these protocols Strikers wanted to clarify protocols for a player or coach testing positive or someone that they live with testing positive for COVID-19.

The following document will outline protocols for possible exposure, positive test result for a player or coach, and positive test result for someone living with a player or coach.

Possible Exposure

If a player, coach, or someone living with a player or coach has possibly been exposed to COVID-19 (in close proximity with someone that has tested positive). The following steps should be taken.

1. Immediately notify your coach and discuss plan for safe return to play following guidelines below.
2. Refrain from attending any club events (practices, games, scrimmages) until the person that has been exposed has had either had a negative COVID test or has quarantined for two weeks. If the player/coach have remained symptom free in that time span (or has had a negative test result) and individuals living with the player/coach have remained symptom free the player/coach can return to club events. If the player/coach experience symptoms they should be tested and the below protocols regarding a positive test should be followed.

Positive Test Result-Player/Coach

1. Immediately notify your coach and discuss plan for safe return to play following guidelines below.
2. Any player or coach that has been in contact with team members within the last two weeks prior to them testing positive the entire team must self-quarantine for two weeks following the guidelines above.
3. Player/coach can return to play once they have been cleared from their doctor. Any possible contacts as discussed in number two can return to play following the guidelines under possible exposure. Typically is safe to return when the positive tested individual has met the following requirements
 - a. Symptom free for 72 hours and at least 10 days from testing positive.

Positive Test Result-Individual Living with Player/Coach

1. Immediately notify your coach and discuss plan for safe return to play following guidelines below.
2. If the individual that tested positive has been in close contact with team members (players/coaches) the potentially exposed individuals need to follow the guidelines described above in possible exposure.
3. The player/coach must refrain from attending club events (practices, games, scrimmages) for at least 2 weeks.
4. The player/coach can return to play when family member has been cleared and the player coach have not shown any symptoms of COVID-19 for at least 2 weeks.
5. If the player/coach that has been exposed and eventually tests positive they should follow the procedures described under positive test result.

For more information regarding COVID-19 symptoms, testing, test results, exposure, etc. please refer to the CDC website.

Thank you for your assistance in making sure that we have a safe and enjoyable soccer season!